

When do I need to get a check-up?

Getting a check-up at the right time is the best way to make sure your child gets the medical care he or she needs.

Babies need check-ups at:

- ✓ 1 month
- ✓ 2 months
- ✓ 4 months
- ✓ 6 months
- ✓ 9 months
- ✓ 12 months (1 year)

Toddlers need check-ups at:

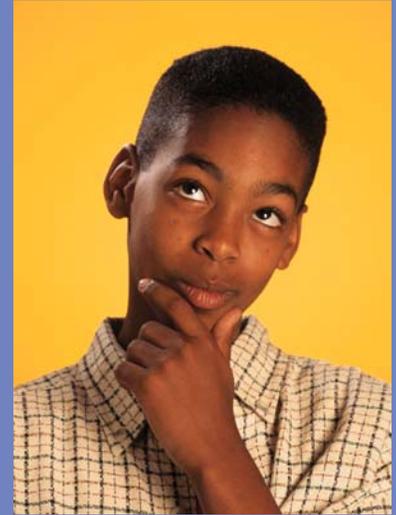
- ✓ 15 months
- ✓ 18 months
- ✓ 24 months (2 years)

Young Children need check-ups at:

- ✓ 3 years (36 months)
- ✓ 4 years
- ✓ 5 years
- ✓ 6 years

Older Children and Teenagers need:

- ✓ a check-up every year



What do I need to do?

Make an appointment for a well-child check-up!

If you are on Medicaid's Patient 1st program, call your child's personal doctor to find out who he or she should see for the well-child check-up (sometimes called a screening). Sometimes it will be your personal doctor. Other times it may be a nurse with special training.

If you are not on the Patient 1st program, you will need to find a doctor, nurse or clinic for your check-ups. Be sure that the doctor, nurse or clinic you want to go to does EPSDT well-child check-ups (or screenings).



Who needs
a Well-Child
Check-up?



Check-ups are for all children!

Here's what you need to know about well-child check-ups!

1. Check-ups are FREE

If your child is on regular or Patient 1st Medicaid, he or she can get FREE well-child check-ups! Well-child check-ups are doctor visits you go to when you are well. Well-child check-ups are where you find out how to stay healthy or if you have any problems that you need to take care of. Check-ups are a time for you to ask questions about any health concerns you have about your child.

2. You go for check-ups at certain times

There are certain times your child needs a well-child checkup. For example, because babies change a lot, they need 9 different check-ups before age 2 (Look on the back of this paper for a list of the times you need to go.) After age 2, your child needs a well-child check-up every year until he or she is an adult (age 21).

Well-child checkups are sometimes called screenings or EPSDT visits. Don't worry! It means the same thing. What really counts is that your child goes for all of the checkups he or she needs to be healthy!

3. You get a complete exam

When you have a well-child checkup, your check-up doctor or nurse will give your child a complete exam. He or she will check:

- * to see if your child is growing as he or she should,
- * for ear or eye problems,
- * for sugar diabetes,
- * for low blood or sickle cell disease,
- * stomach problems,
- * to see if any shots or tests are needed, and
- * on any medical problems your child has.



4. Extra visits are available after a check-up

If your doctor finds a medical problem during a well-child checkup, he or she can send your child to another doctor or place if you need additional care.

Note: Some services may need special approval.

Children on Medicaid are limited to 14 doctor visits each calendar year. However, not all visits are well-child screenings. The well-child screenings and extra visits that might result from the screenings do not count against the 14-visit limit.

